

## CREATIVE FOODS ARTISTRY RULES

1. **GENERAL RULES** – See GENERAL RULES – FOOD EXHIBITS
2. **ELIGIBILITY** – Any 4-H member enrolled in a foods project may exhibit in this area
3. **CAKE TYPES** – Cakes may be flat, cut up, or layer types. Decorated cakes and decorated gingerbread houses are considered as two different types of entries.
4. **SUPPORTING INFORMATION** – Supporting information should include years in project, size of tips used on item, why the design was chosen, and how this cake or decorated item could be used for a special event or occasion.
5. **CRITERIA FOR JUDGING** – The item is not tasted; judging is based on skill in decorating the item and the creativity used for the design.
6. **DECORATING GUIDELINES** – All decorations must be constructed by the exhibitor (purchased pre-made icing decorations are not allowed). All decorations must be edible (with the exclusion of plastic/wooden rods and pins used for support).

DEPARTMENT E PREMIUM	DIVISION 414			CAKE DECORATING
	Purple \$2.50	Blue \$2.00	Red \$1.50	White \$1.00
<b>BEGINNING CAKE DECORATING</b> (1 - 2 years in project)				
CLASS 901	<b>Graham Cracker Gingerbread House</b> - First year exhibitors ONLY. Must be made of graham crackers with edible items. Base shall not exceed 12"			
CLASS 902	<b>Decorated Gingerbread House</b> - Must be made of gingerbread with edible items and parts. Base shall not exceed 12"			
CLASS 903	<b>Decorated Cake</b> (without the use of tips) - Show creativity by using cookies, candies, chocolate chips, etc. to decorate cake for specific party or theme.			
CLASS 904	<b>Decorate Cake</b> (with the use of tips) - Cake decorated with two different style decorating tips, any size.			
CLASS 905	<b>Decorated Cake</b> (with the use of fondant) – Cake decorated primarily with the use of fondant.			
CLASS 906	<b>Decorated Cookies</b> - Plate of 4 cookies. Cookies may be homemade or purchased by 4-H member			
CLASS 907	<b>Decorated Cupcakes</b> - Plate of 4 cupcakes. Cupcakes may be homemade or purchased by 4-H member			
CLASS 908	<b>Decorated Cupcakes</b> (with the use of fondant) – Plate of 4 cupcakes decorated primarily with the use of fondant. Cupcakes may be homemade or purchased by the 4-H member.			
<b>ADVANCED CAKE DECORATING</b> (3 or more years in project)				
CLASS 909	<b>Decorated Gingerbread House</b> - Must be made of gingerbread with edible items and parts. Base shall not exceed 12"			
CLASS 910	<b>Decorated Cake</b> (without the use of tips) - Show creativity by using cookies, candies, chocolate chips, etc. to decorate cake for specific party or theme.			
CLASS 911	<b>Decorate Cake</b> (with the use of tips) - Cake decorated with two different style decorating tips, any size.			
CLASS 912	<b>Decorated Cake</b> (with the use of fondant) – Cake decorated primarily with the use of fondant.			
CLASS 913	<b>Decorated Cookies</b> - Plate of 4 cookies. Cookies may be homemade or purchased by 4-H member.			
CLASS 914	<b>Decorated Cupcakes</b> - Plate of 4 cupcakes. Cupcakes may be homemade or purchased by 4-H member.			
CLASS 915	<b>Decorated Cupcakes</b> (with the use of fondant) – Plate of 4 cupcakes decorated primarily with the use of fondant. Cupcakes may be homemade or purchased by the 4-H member.			

## CANDY RULES

1. **GENERAL RULES** – See GENERAL RULES – FOOD EXHIBITS
2. **ELIGIBILITY** – Any 4-H member enrolled in a foods project may exhibit in this area
3. **DISPLAY** – 4 pieces on a paper plate in a plastic bag.
4. **MIXES** – No commercial mixes allowed.

DEPARTMENT E PREMIUM	DIVISION 414			CANDY
	Purple \$2.50	Blue \$2.00	Red \$1.50	White \$1.00
CLASS 920	<b>Fudge, any kind</b> (made from scratch)			
CLASS 930	<b>Brittle, any nut</b> (ex. peanut, almond, etc.)			
CLASS 940	<b>Miscellaneous Candy</b>			
CLASS 950	<b>Miscellaneous Candy</b>			

## **SAFETY & PHYSICAL FITNESS**

### **GENERAL RULES – SAFETY & PHYSICAL FITNESS**

1. **GENERAL RULES** – See GENERAL RULES
2. **ENTRY LIMITS** – 4-H members may only enter ONE EXHIBIT per class in ALL projects.
3. **CRITERIA FOR JUDGING** –
  - Exhibits will be judged according to score sheets available in the Extension Office.
  - Carefully follow entry instructions and include all required materials. Incomplete exhibits will be lowered one ribbon placing.
4. **TOP EXHIBITS** - A top exhibit will be selected from those exhibits receiving purple ribbons in the Safety Area (Safety and Fire Safety projects) and Physical Fitness Area (Bicycling, Lifetime Sports, and YOUth in Motion projects)
5. **MANUALS** – Printed materials are available from the Johnson County Extension Office for all currently enrolled 4-H members in Johnson County.

DEPARTMENT E PREMIUM	DIVISION 440			SAFETY
	Purple \$2.50	Blue \$2.00	Red \$1.50	White \$1.00
CLASS 1	<b>First Aid Kit</b> – A first aid kit is a good way to organize supplies in an emergency. The kit should be assembled in a container appropriate for the kit's intended use. A description of where the kit will be stored and examples of specific emergencies for that situation should be included in the exhibit. The kit should include a written inventory and purpose statement for included items. Items should cover the following areas: airway and breathing, bleeding control, burn treatment, infectious disease protection, fracture care, and misc. supplies. Use the <i>Citizen Safety</i> manual (4-H 425, pg. 6-7) as a reference. Any kit containing any of the following will be automatically disqualified: <ul style="list-style-type: none"><li>• Prescription medications (if the purpose of the kit is to provide medication for someone with special need, explain in written description and inventory, but remove the medication)</li><li>• Articles or items with expiration dates on or before the judging date. (This includes sterile items, non-prescription medications, ointments, salves, etc. Articles dated month and year only are considered expired on the last day of that month.)</li><li>• Any controlled substance</li></ul>			
CLASS 2	<b>Disaster Kit</b> (Emergency Preparedness) – Disaster kits must contain the materials to prepare a person or family for emergency conditions caused by a natural or man-made incident. Selection of materials is left to the exhibitor. Family or group kits must have enough material or items for each person. A description of the kit's purpose and a list of individual contents is required. Youth are encouraged to test their kit by challenging their family to try to survive using only the included materials for the designated time. If			

tested, share that experience in kit documentation. Please include an explanation of drinking water needs for your disaster kit. Do not bring actual water to the fair in the kit.

**CLASS 3** **Safety Scrapbook** - The scrapbook must contain 15 news articles from both print and internet sources about various incident types. Mount each clipping on a separate page and accompanied by a description of events leading to the incident and any measures that might have prevented it. The Scrapbook should be bound in a standard size hardcover binder or notebook for 8 ½" X 11" size paper. Correct sentence structure, readability and thorough explanations are an important part of judging.

**CLASS 4** **Safety Experience** – The exhibit should share a learning experience the youth had related to safety. Ex: could be participating in a first aid training, a farm safety day camp, babysitting workshop or similar event; scientific experiment related to safety; or the youth's response to an emergency situation. The exhibit should include a detailed description of the experience, the youth's role, some evidence of the youth's leadership in the situation and a summary of the learning that took place. Exhibits may be presented in a poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes.

**CLASS 5** **Careers in Safety** – The exhibit should identify a specific career area in the safety field and include education and certification requirements or available positions, salary information, demand for the field, and a summary of the youth's interest in the field. Examples of careers include: firefighters, paramedics, emergency management personnel, some military assignments, law enforcement officers, emergency room medical personnel, fire investigator, and more. It is recommended youth interview a professional in the field in their research. Additional research sources might include books, articles, career web sites, job-related government web sites or interviews with career placement or guidance counselors. Exhibits may be presented in a poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes.

**CLASS 901** **You be the Teacher Exhibit** - Share with others what you learned in the project. Exhibit may be a poster, notebook, or small display of an educational nature. Include 8 ½" X 11" page describing the exhibit and summary of learning.

**DEPARTMENT E** **DIVISION 450** **FIRE SAFETY**  
**PREMIUM** **Purple \$2.50** **Blue \$2.00** **Red \$1.50** **White \$1.00**

**CLASS 1** **Fire Safety Drawing** - This is a home floor plan drawn to SCALE showing primary and secondary escape routes and where fire extinguishers and smoke detectors are located. Draw every room, including all doors and windows. Draw BLACK or BLUE arrows showing primary escape routes from each room. Draw RED arrows showing secondary routes to use if the primary routes are blocked. Primary and secondary escape routes must lead outside to an assembly location. Documentation should include evidence the escape plan has been practiced at least four times. Posters must be constructed of commercial poster board at least 11" x 14" but not larger than 22" x 28".

**CLASS 2** **Fire Safety Scrapbook** - This scrapbook will contain at least 10 news articles from both print and internet sources about fires. Each clipping will be mounted on a separate page and include probably cause of the fire and measures that could have prevented it. The scrapbook should be bound in a standard hard cover binder or notebook for 8 ½" x 11" paper. Correct sentence structure, readability and thorough explanations are an important part of judging.

**CLASS 3** **Fire Prevention Poster** - This must be constructed of commercial poster board at least 11" x 14" but not larger than 22" x 28". Posters should be appropriate to display during National Fire Prevention Week or to promote fire safety at specific times of the year (Christmas, Halloween, 4th of July, etc.). Originality clarity and artistic impression will all be judged. Do not include live fireworks, matches or other flammable/explosive/hazardous materials. Any entry containing this material will be disqualified.

**CLASS 901** **You be the Teacher Exhibit** - Share with others what you learned in the project. Exhibit may be a poster, notebook, or small display of an educational nature. Include 8 ½" X 11" page describing the exhibit and summary of learning.

**DEPARTMENT E** **DIVISION 530** **BICYCLING**  
**PREMIUM** **Purple \$2.50** **Blue \$2.00** **Red \$1.50** **White \$1.00**

**CLASS 901** **Bike Restoration Report** - Exhibitors need to restore/overhaul/upgrade a bicycle to include current safety features. A report must include the following information: Describing costs, repair costs, and what was done. "Before" and "After" photos should be included.

**CLASS 902** **Bicycle Display** - It may include: 1) parts or system of a bicycle, 2) working or broken parts, or 3) a step-by-step procedure of how some repair or service job is performed. A limited number of photographs are acceptable. Actual parts or cut-aways of parts are recommended.

**CLASS 903** **Bicycle Anatomy** - Poster showing the parts of a bicycle.

**CLASS 904** **Comparison Report** - A report of price and feature comparisons that you took into account when purchasing a bike of your own.

**CLASS 905** **You be the Teacher Exhibit** - Share with others what you learned in the project. Exhibit may be a notebook or small display of an educational nature. Include 8 ½" X 11" page describing the exhibit and summary of learning.

**DEPARTMENT E** **DIVISION 530** **LIFETIME SPORTS**  
**PREMIUM** **Purple \$2.50** **Blue \$2.00** **Red \$1.50** **White \$1.00**

**CLASS 906** **Archery** - The article may be a diorama, poster, scrapbook, notebook, etc. that expresses something learned or explains some aspect of the archery project

**CLASS 907** **Golf** - The article may be a diorama, poster, scrapbook, notebook, etc. that expresses something learned or explains some aspect of the golf project

**CLASS 908** **Bowling** - The article may be a diorama, poster, scrapbook, notebook, etc. that expresses something learned or explains some aspect of the bowling project

**CLASS 909** **Tennis** - The article may be a diorama, poster, scrapbook, notebook, etc. that expresses something learned or explains some aspect of the tennis project

**CLASS 910** **Other Lifetime Sport** - The article may be a diorama, poster, scrapbook, notebook, etc. that expresses something learned or explains some aspect of a sport not listed above (example: running, etc.).

**DEPARTMENT E** **DIVISION 300** **YOUTH IN MOTION**  
**PREMIUM** **Purple \$2.50** **Blue \$2.00** **Red \$1.50** **White \$1.00**

**CLASS 901** **YOUth in Motion Poster, Scrapbook, or Photo Display** - Exhibit is about the 4-H'ers family or their own involvement in a physical activity or concept/lesson involving this project. This might contain pictures, captions, and/or reports about the physical activity the individual or family did as a result of taking this project.

**CLASS 902** **Activity Bag** - A duffle bag or backpack that the 4-H'er packs so that they are always prepared to be active and make healthy food choices. May include proper workout attire, a healthy beverage or snack, a notebook or goal sheet, etc. Make sure all items are clean, clearly labeled and an explanation of why it is included in the Activity Bag. DO NOT put valuable items (i.e. electronics) in Activity Bag, instead use a picture of the item or include in the listing of items

**CLASS 903** **YOUth in Motion Healthy Snack Recipe File** - Collection of 10 recipes from any source. Each recipe must accompany a complete snack menu in which the recipe is used, following the idea that a healthy snack includes foods from at least two different food

groups. An additional 10 recipes may be added each year 4-H'er is in project, with year clearly marked on recipes. Consider creativity and neatness. Display in recipe file, box, or in a clear plastic binder. Be sure to include the number of servings or yield of each recipe.

- CLASS 904 Healthy Lifestyle Interview** - Interview someone in your life that you admire that is physically active or has a healthy lifestyle
- Why do they enjoy their exercise program or lifestyle choices?
  - What are their goals?
  - Why do you admire them?

Maximum of two pages, one sided write up of an interview with someone who has an active exercise program or has a healthy lifestyle. Consider creativity and neatness. Mount on colored paper or poster board, or display in a binder. Include a picture of the person interviewed (may be laminated to preserve exhibit). Overall size of mounted exhibit should be no larger than 9" x 12".

- CLASS 905 Healthy Snack** - See ideas for non- perishable snacks on pg. 36 of *YOUth in Motion* manual, Four cookies, bars, muffins, etc., on a paper plate or at least 1 cup of mix. Examples might include: granola bars, homemade crackers or chips. Supporting information to include recipe, and why this snack might be considered a healthy snack.

## LEADERSHIP & CITIZENSHIP

### GENERAL RULES – CITIZENSHIP

1. **GENERAL RULES** – See GENERAL RULES
2. **PURPOSE** – The purpose of these citizenship exhibits is to foster civic responsibility and action within the diverse areas of citizenship including community service, service learning, government and policy-making.
3. **SUPPORTING MATERIALS** - All entries must have a statement explaining the purpose of the exhibit and how the exhibit will be used. Exhibitors are encouraged to show evidence of their personal field experiences, study or observations that relate to their exhibit. This helps the judges understand what the 4-H member did and learned in the process that led to the exhibit.
4. **REFERENCES** - All exhibitors should reference material sources or supporting information used in exhibits (i.e., if questions from a game were taken from an outside source, they must be referenced).
5. **TOP EXHIBITS** – A top exhibit will be selected from those exhibits receiving purple ribbons in the citizenship area.
6. **MANUALS** – Printed materials are available from the Johnson County Extension Office for all currently enrolled 4-H members in Johnson County.

DEPARTMENT A PREMIUM CLASS 1	DIVISION 120	CITIZENSHIP
	Purple \$2.50      Blue \$2.00      Red \$1.50      White \$1.00	
<b>CLASS 1</b>	<b>Care Package Display</b> – This exhibit is a display about the PROCESS of creating and giving a care package, not the actual care package. You may use a poster, Power Point or another multimedia program to tell about the PROCESS of developing and giving a care package to a service organization. You need to answer the following questions in your exhibit: 1.) How did you select the organization? 2.) What items did you include in your care package? 3.) Why did you select those items? 4.) How did it feel to present your care pack to the organization? 5.) What did you learn from this experience? 6.) Other information you feel is important about the care package or organization? Some examples of care packages are: Backpacks for school supplies, litter pan for animal shelter items, suitcase for abuse or homeless shelter, etc.	
<b>CLASS 2</b>	<b>Citizenship Game</b> – Could include but is not limited to symbol flash cards, question and answer board or stimulation with props. Clear instructions on how to play the game and what the game hopes to accomplish must be included.	
<b>CLASS 3</b>	<b>Patriotic or Cultural Fine Arts</b> – Can be made of any art media, but should tie in the relevance of the artwork to citizenship.	
<b>CLASS 4</b>	<b>Public Adventure Scrapbook</b> – Should describe your Public Adventure or Service Learning Activity. Scrapbooks must measure no more than 16" x 16"	
<b>CLASS 5</b>	<b>Public Adventure Poster</b> – Should describe your Public Adventure or Service Learning Activity. Display posters must be stiff enough to stand when supported from behind and below. Length and width must be no more than 24" x 28".	
<b>CLASS 6</b>	<b>Written or Recorded Stakeholder Interview</b> – Should follow the outline found in the Public Adventures Curriculum. It may be written or recorded.	
<b>CLASS 7</b>	<b>Written Citizenship Essay</b> – Designed to promote good citizenship and patriotism. This essay is open to all age groups. All essays should be 300-400 typewritten words.	
<b>CLASS 8</b>	<b>Oral Citizenship Essay (9<sup>th</sup> – 12<sup>th</sup> graders only)</b> – Addressing the theme "Freedom's Obligations" should be 3-5 minutes. No background music, singing or other enhancement allowed. All essays should be on a good-quality cassette tape and in a natural style. Voice tone should be normal and conversational. A copy of the written essay should be attached.	
<b>CLASS 9</b>	<b>Service Items</b> – Can include but aren't limited to lap quilt and homemade toys. Only non-perishable items will be accepted. Attached to the exhibit should be an explanation of who the recipient was and how the service project was made and used. The service item could be part of a larger community service effort.	
<b>CLASS 10</b>	<b>4-H Club Exhibit</b> – Should depict what a 4-H club has done in the area of community service. This item could include, but is not limited to, a service item, poster, scrapbook, cultural or creative arts item or care package.	
<b>CLASS 901</b>	<b>4-H Member Exhibit</b> – Should depict what a 4-H member has done in the area of community service. This item could include, but is not limited to, a service item, poster, scrapbook, cultural or creative arts item or care package.	
DEPARTMENT A PREMIUM CLASS 1 CLASS 2	DIVISION 130	CITIZENSHIP: SEEING I21
	Purple \$2.50      Blue \$2.00      Red \$1.50      White \$1.00	
<b>CLASS 1</b>	<b>Cultural Fine Arts</b> - Can be made of any art media but should symbolize what makes them unique.	
<b>CLASS 2</b>	<b>How are We Different?</b> - Interview should follow the interview guide in the participant manual on page 3 and should reflect on the differences and similarities between you and the person you are interviewing.	
<b>CLASS 3</b>	<b>Name Art</b> - Should be a creative art exhibit that symbolizes or explains where your name came from and what it means. Can use any media.	
<b>CLASS 4</b>	<b>Family History</b> - Depicting your family cultural history or the ethnic make-up of your community noting	